Gym



Facility	Cost per hour (unless otherwise stated)				
Theatre Show/Event Hire including technician	£90				
Theatre Hire (Full)	£27.80				
Theatre Hire (Half)	£17.20				
Conference Room/Meeting Room (6-10 people	£15.15				
Presentation Suite	£25.25				
LRC & E-Learning Suites	£40.40				
Classrooms	£20.20				
Classroom as a Changing Room	£30.30				
Licenced Bar (available by prior arrangement)	No charge - refreshments payable				
Restaurant	£15				
Restaurant - Day Rate	£75				
Recording Studio	£35 including sound engineer				
Practice Room	£10.10				
Sports Hall (Full)	£40.40				
Sports Hall (Half)	£25.25				
Badminton (4 players)	£12.50				
Badminton (2-3 players)	£3.50 per person				
Tennis Court	£12.50				
Outdoor Netball Court	£18.20				
Astro Turf	1/3 £25.25	2/3 £46.50	3/3 £65.65		
11v11 Pitch	£42 per game				
Mini Pitch	£15 per game				
Grassed Area/Training Squares	£15				

Facility	Price per season	Prices per game
Grass Pitches	11v11 = £345.00	11v11 = £42
	9v9 = £270.00	9v9 = £30
	7v7 = £170.00	7v7 = £25
	5v5 = £100.00	5v5 = £15



Facilities

Landau

Academy

Amington

Forte

available at



Landau Forte Academy Amington

Community Education Performing Arts Sport & Fitness **Grass Pitches** AstroTurf Gym

Landau Forte Academy Amington

Woodland Road Amington **Tamworth** Staffordshire B77 4FF www.lfata.org.uk

To book any of our facilities please call us on 01827 301830 or send us an email to lmarshall@lfct.org.uk

Landau Forte Charitable Trust: Connecting with our Community

Landau Forte Fitness

Community Gym

6 DAYS-A-WEEK

WHAT WE OFFER OPENING TIMES

• NO Contract NO Joining fee

Monday to Friday 5:30pm to 9:30pm Saturdays 9:00am to 1:00pm

- £3.00 pay as you go
- £20.00 monthly membership

VISIT OUR WEBSITE http://www.lfata.org.uk/facilities/gym/





Sport and Fitness Timetable | Amington

Monday	18:30 - 20:45 Nicky Webb Fitness	19:30 - 20:30 Zumba/ Clubbercise		
Tuesday	17:30 - 20:30 Mo-Gylity: Children's Gymnastics		17:30 - 19:00 Progressive Sports	19:00 - 20:00 Clubbercise
Wednesday	19:00 - 20:30 Karate: Tamworth Shukokai	18:30 - 20:45 Nicky Webb Fitness	18:00 - 19:00 Clubbercise	
Thursday	17:30 - 21:30 Slimming World	19:00 - 21:00 PKA Kickboxing Tamworth	19:00 - 20:00 Clubbercise	
Friday	19:00 - 20:00 Clubbercise	18:30 - 20:00 Tamworth Shukokai Karate	18:30 - 20:30 Karate: Shotokan Karate Club	18:30 - 19:30 Fitsteps

Monday:

Nicky Webb Fitness

Nicky Webb: 01827 830 088 Zumba / Clubbercise Michelle Fletcher: 07855 674 448

Tuesday:

Mo-Gylity Children's Gymnastics

Marion Dale: 01827 312 561

Progressive Sports 08450 941 827

Clubbercise Lauren Hicken: 07802 833 412

Wednesday:

Karate Tamworth Shukokai Malcolm Hudson: 01564 200 639

Nicky Webb Fitness

Nicky Webb: 01827 830 088 Slimming World

Sarah: 07800 595 360

Lauren Hicken: 07802 833 412

Thursday:

Slimming World

Sarah: 07800 595 364 PKA Kickboxing Tamworth 07497 681 366

Clubbercise

Lauren Hicken: 07802 833 412

Friday:

Clubbercise

Lauren Hicken: 07802 833 412 Karate Tamworth Shukokai Malcolm Hudson: 01564 200639

Tamworth Shokokan Karate Centre 08444 771786

Fitsteps Candy Ricketts:

Saturday:

Superstar Academy Malcolm Hudson: 01564 200639

ACADEMIC FACILITIES





BIRTHDAY PARTIES

Available on weekends at the following times: 11:00am - 1:00pm - 3:00pm

Landau Forte Academy Amington would like to celebrate with you on your special day. Our indoor Birthday Parties cater for up to 40 children from the the age of four right up to twelve years old, with three boucey castles, a variety of soft play shapes, sports equipment and other indoor party games.

What do I get?









Your party plan 1 hour 30 minutes party time and food 15 minutes pack up time

To find out more about our catering options contact us: w: www.lfata.org.uk/facilities/landau-forte-academy-sports-centre/ t: 01827 301830 e: lmarshall@lfct.org.uk

