



LANDAU FORTE ACADEMY AMINGTON LEARNING JOURNEY

PERSONAL, SOCIAL, HEALTH & ECONOMIC EDUCATION

Continue your lifelong love of learning and personal development

- Apprenticeship
- College
- University
- Workplace



Next steps: Application processes, and skills for further education, employment and career progression

Building for the future
Self-efficacy, stress management, and future opportunities.
Independence
Responsible health choices, and safety in independent contexts



Financial decision making - The impact of financial decisions, debt, gambling and the impact of advertising on financial choices

Employability skills
Employability and online presence



LIVING IN THE WIDER WORLD

SEX AND RELATIONSHIPS

HEALTH AND WELLBEING

LIVING IN THE WIDER WORLD

Families and parenting, healthy relationships, conflict resolution, and relationship changes

Relationships education including consent, contraception, the risks of STIs, and attitudes towards sex and relationships.

Families
Different families and parental responsibilities, pregnancy, marriage and changing relationships

Communication in relationships
Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges

Addressing extremism and radicalisation - Communities, belonging and challenging extremism



SEX AND RELATIONSHIPS

LIVING IN THE WIDER WORLD

HEALTH AND WELLBEING

SEX AND RELATIONSHIPS



Diet, exercise, lifestyle balance and healthy choices, and first aid

Learning strengths, career options and goal setting as part of the GCSE options process. Employability and online presence

Mental health and ill health, stigma, safeguarding health, including during periods of transition or change. Exploring influence - The influence and impact of drugs, gangs, role models and the media

Healthy relationships - Relationships and expectations, myths and the impact of the media.



Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation



HEALTH AND WELLBEING

LIVING IN THE WIDER WORLD

RELATIONSHIPS EDUCATION

HEALTH AND WELLBEING

Identity and relationships
Gender identity, sexual orientation, consent, 'sexting',

Emotional wellbeing
Mental health and emotional wellbeing, including body image and coping strategies

Self-worth, romance and friendships (including online) and relationship boundaries

Equality of opportunity in careers and life choices, and different types and patterns of work
Digital literacy - Online safety, digital literacy, media reliability, and gambling hooks

Discrimination in all its forms, including: racism, discrimination, disability, sexism, homophobia, biphobia and transphobia



This is part of our SRE education programme. Here we learn about diversity, prejudice and bullying

LIVING IN THE WIDER WORLD



RELATIONSHIPS EDUCATION



Careers, teamwork and enterprise skills, and raising aspirations.
Saving, borrowing, budgeting and making financial choices

Alcohol and drug misuse and pressures relating to drug use



INTRODUCTION TO PSHE

WELCOME



Attend Year 6 transition days

Apply for a place at Landau Academy

Introduction to PSHE including transition to secondary school and personal safety in and outside school, including first aid.
Healthy routines and staying healthy as a young teenager.

PSHE

