

SAFEGUARDING news

THE LFA PARENT/CARER SAFEGUARDING NEWSLETTER



FIRST EDITION

USEFUL CONTACTS

Childline - 0800 11 11

Anxiety UK - 03444 775 774

Forced marriage unit – 020 7008 0151

Beat (Eating Disorders advice) – 0800 801 0811

Mind (Mental Health Charity) – 0300 123 3393

Shout (Mental Health Text Service) – 85258

Staffordshire Children's Advice Support Service – 0300 111 3007

Samaritans – 116123

School Nurse Service (Text) – 07520615721

Sexual Health Clinic - 0808 178 0955

Self Harm UK - <https://www.selfharm.co.uk/>

Action for Children - <https://www.actionforchildren.org.uk/>

Sandbox - <https://camhs.mpft.nhs.uk/south-staffordshire/sandbox>

Message from the Safeguarding Team

Welcome to the first edition of our Landau Forte Academy Amington safeguarding newsletter for parents 2023-2024.

The aim of this publication is to keep you informed of important safeguarding updates and to signpost services that your children may benefit from. Landau Forte Academy Amington is committed to safeguarding and meeting the needs of our young people, our staff and our families; through working in partnership, we strive to create a safe and inclusive environment in which we can all learn and develop together.

EIGHT WAYS TO SAVE ON SCHOOL UNIFORM

Kids grow at a rapid rate, so they're going to need a number of different uniforms during their years at school. Parents spend an average of £337 a year on school uniform for each secondary school child and £315 a year for each primary school child. Money Saving Expert has put together their tips and tricks for saving money on uniform. moneysavingexpert.com

Please see our website for our uniform expectations, and our range of local suppliers



Welcome

to Mr Joseph as Head of Year 8, we wish all the best to Ms Bailey who leaves at the end of term.

All children have the right to:

**SPEAK OUT
& BE HEARD**

**BE
SAFE**

**GET HELP WHEN
THEY NEED IT**

If you have a concern – SPEAK OUT!

Contact the safeguarding team via email - nhowley@lfata.org.uk or kbuttery@lfata.org.uk

Keeping Children Safe Is **Everyone's** Responsibility



Louise Poole Child and Family Support Worker

My role is to provide a practical and therapeutic support service working alongside families experiencing difficulties within our school community. I have extensive knowledge of working alongside children and families and I am able to offer support and deliver direct interventions in school or the family home. To access our family support service please contact your child's deputy Head of Year in the first instance.



Breakfast club

Breakfast club is free to all and opens from 8:10 every morning. Students can use the main entrance or Sheepcote Lane gate. Parent/caregivers are able to provide a voluntary contribution towards breakfast club via parent pay if they wish.

Hygiene Bank

Families who are experiencing hardship can apply for essential items via Tamworth Hygiene Bank tamworthhygienebank@gmail.com

Free school meals criteria

With the cost of living rising and the change to benefits, I urge families to visit the Staffordshire website to check eligibility criteria: www.staffordshire.gov.uk/Education/Educational-awards-benefits/FreeSchoolMeals/Apply-online.aspx

Young carers group

Our Young carers group is now up and running. The group provides a safe space in school for our students to discuss the challenges our young carers face, as well as build a supportive network within school. If your child is a registered caregiver and you have not already informed the school, please do so via Class Charts.



Uniform Bank

Thank you to all that have donated uniforms. The increase in the cost of living crisis means this service is in high demand. Students requiring uniform can collect this from the family support office, in the Library. We are currently in need of school shoes in all sizes and any donations will be gratefully received.

Parents/Caregivers College Courses

I have been working collaboratively with South Staffordshire College as a result we are delighted to be able to offer our Parents/Caregivers the following courses-

- Introduction to ESOL - FREE
- Everyday English -FREE
- Everyday Maths - FREE
- Introduction to Sign Language - £75.00 *(remission of fees available)

*FREE to claimants of JSA/ESA/UNIVERSAL CREDIT - or household income is less than £20,319 - evidence required when enrolling

Bookings are taken by South Staffordshire College
CAROL PAGE
 Community Education Development Worker Administrator
 Office: 01827 304337
enquiries@southstaffs.ac.uk



South
Staffordshire
College

SAFEGUARDING TEAM



PASTORAL SUPPORT



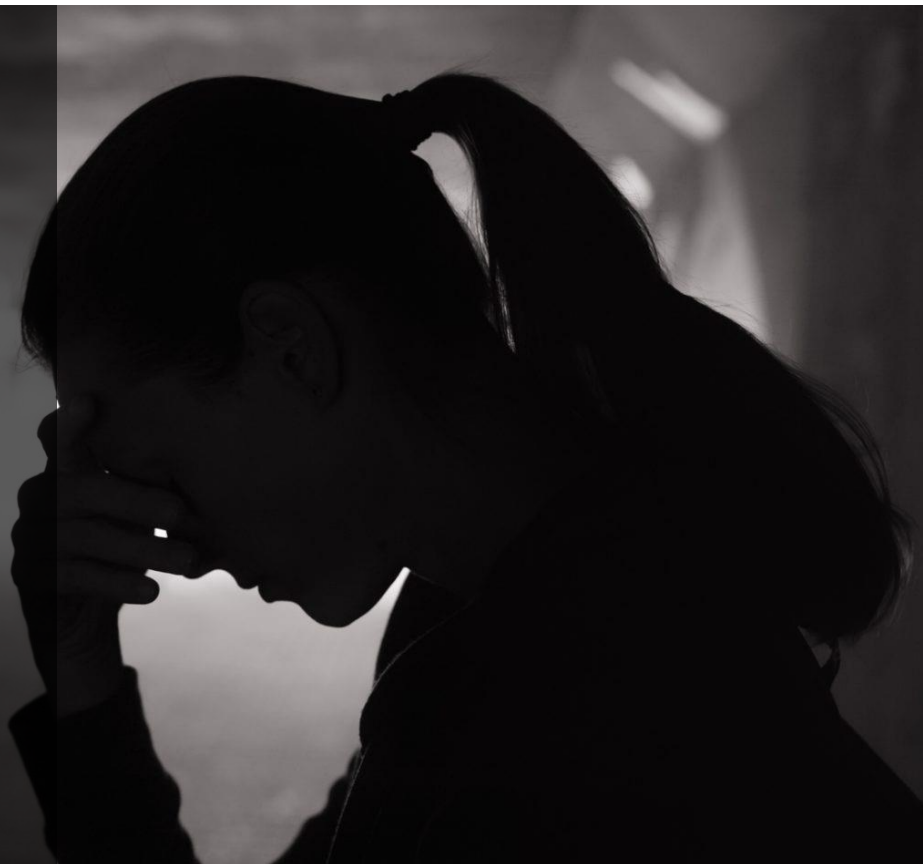
Mental Health Support at LFATA

We all have mental health. Sometimes it's good, sometimes it's not. And what works to improve one person's mental health, might not work for the next person. It's important to talk to our team:

Karen Buttery – Mental Health Lead

School Counsellor – New starter in January 2024.

- Pastoral interventions – anger management, emotional literacy.
- Advice and leaflets about topics such as self-harm, anxiety, low self-esteem for students and parents.
- Signposting to the right support available.
- Sandbox interventions
<https://camhs.mpft.nhs.uk/south-staffordshire/sandbox>
- Referrals to our Educational Mental Health Practitioner



School Nurse Drop-in Sessions

Every Thursday - Week B
12.00 - 3.00pm

The nurse will be in the Academy Counsellor's Room

- ▶ Healthy Eating
 - ▶ Relationships
 - ▶ Mental Health
 - ▶ Emotional Wellbeing
 - ▶ Sexual Health
 - ▶ Gender Identity
 - ▶ Growth and Weight
 - ▶ Online Safety
 - ▶ Self Harm
 - ▶ Bullying
 - ▶ Smoking
 - ▶ Alcohol
 - ▶ Drugs
- This is by no means an exhaustive list and the service is confidential
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Important dates

- Anti-Bullying Week - 13th-17th November
- Odd Sock Day - 13th November
- Ditch the knife campaign from Staffordshire Police - 20th-24th November
- The Mercian's (a band promoting good mental health) - 27th November
- Sexual Health Team presentation (Year 11) - 7th December

PSHE Topics Term 2

- Year 7 – Skills and aspirations
- Year 8 – Community and careers
- Year 9 – Setting goals
- Year 10 – Finance and decision making
- Year 11 – Next Steps in your life

PSHE focus day 13th October

PSHE focus day 27th January 2024