

SAFEGUARDING news

THE LFA PARENT/CARER SAFEGUARDING NEWSLETTER



MARCH (TERM 4)

USEFUL CONTACTS

Childline - 0800 11 11

Anxiety UK - 03444 775 774

Forced marriage unit – 020 7008 0151

Beat (Eating Disorders advice) – 0800 801 0811

Mind (Mental Health Charity) – 0300 123 3393

Shout (Mental Health Text Service) – 85258

Staffordshire Children's Advice Support Service – 0300 111 3007

Samaritans – 116123

School Nurse Service (Text) – 07520615721

Sexual Health Clinic - 0808 178 0955

Self Harm UK - <https://www.selfharm.co.uk/>

Action for Children - <https://www.actionforchildren.org.uk/>

Sandbox - <https://camhs.mpft.nhs.uk/south-staffordshire/sandbox>

Welcome to the next edition of our Landau Forte Academy Amington safeguarding newsletter for parents 2023-2024.

The aim of this publication is to keep you informed of important safeguarding updates and to signpost services that your children may benefit from. Landau Forte Academy Amington is committed to safeguarding and meeting the needs of our young people, our staff and our families; through working in partnership, we strive to create a safe and inclusive environment in which we can all learn and develop together.

SAVE THE DATE

3rd April 2024

I am delighted to announce that the Academy will be working alongside **Charlies Wings Charitable Organisation** to host a Discounted Prom Dress sale.

Further Information will be sent out to year 11 students via Edu link.



All children have the right to:

**SPEAK OUT
& BE HEARD**

**BE
SAFE**

**GET HELP WHEN
THEY NEED IT**

If you have a concern – SPEAK OUT!

Contact the safeguarding team via email - nhowley@lfata.org.uk or kbuttery@lfata.org.uk



Welcome

to Mrs Angela Bates as the **NEW** school counsellor at the Academy.

Keeping Children Safe Is **Everyone's** Responsibility



Mrs Corrigan
Vice Principal
Student Welfare



Mrs Howley
Designated
Safeguarding Lead



Mrs Buttery
Deputy DSL
Mental Health Lead



Mrs Constantine
Attendance
Officer



Mrs Poole
Child and Family
Support Worker

PASTORAL SUPPORT



Miss Ironside
Assistant Vice Principal
Behaviour



Mrs Edwards
Behaviour Lead



Miss Plumpton
Head of Year 7



Miss Clamp
Deputy Head of
Year 7



Mr Joseph
Head of Year 8



Miss Henshaw
Head of Year 9



Ms Clark
Deputy Head of
Year 9



Miss Frost
Head of Year 10



Miss Jones
Deputy Head of
Year 10



Mr Salisbury
Head of Year 11



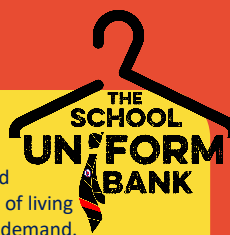
Mrs Potter
Deputy Head of
Year 11

Breakfast club

Breakfast club is free to all and opens from 8:10 every morning. Students can use the main entrance or Sheepcote Lane gate. Parent/caregivers are able to provide a **voluntary** contribution towards breakfast club via parent pay if they wish.

Uniform Bank

Thank you to all that have donated uniforms. The increase in the cost of living crisis means this service is in high demand. Students requiring uniform can collect this from the family support office, in the Library. We are currently in need of school shoes in all sizes and any donations will be gratefully received.



Hygiene Bank

Families who are experiencing hardship can apply for essential items via Tamworth Hygiene Bank tamworthhygienebank@gmail.com

Free school meals criteria

With the cost of living rising and the change to benefits, I urge families to visit the Staffordshire website to check eligibility criteria: www.staffordshire.gov.uk/Education/Educational-awards-benefits/FreeSchoolMeals/Apply-online.aspx

Young carers group

Our Young carers group is now up and running. The group provides a safe space in school for our students to discuss the challenges our young carers face, as well as build a supportive network within school. If your child is a registered caregiver and you have not already informed the school, please do so via Class Charts.



Mental Health Support at LFATA

We all have mental health.
Sometimes it's good, sometimes it's not.
And what works to improve one person's mental health,
might not work for the next person.

It's important to talk to our team:
Karen Buttery - Mental Health Lead
Angela Bates - School Counsellor
Nikki Howley - Designated Safeguard Lead

- Pastoral interventions – anger management, emotional literacy.
- Advice and leaflets about topics such as self-harm, anxiety, low self-esteem for students and parents.
- Signposting to the right support available.
- Sandbox interventions <https://camhs.mpft.nhs.uk/south-staffordshire/sandbox>
- Referrals to our Educational Mental Health Practitioner

Mental Health Webinars **Charlie Waller** Free Mental Health Webinar for parents.



The webinars include:

Spotting signs that young person is struggling with their mental health

Young people and eating disorders spotting the signs and supporting

Supporting young people experiencing thoughts of suicide

Anxiety in young people

Visit www.charliewaller.org
Select - what we offer and then 'free webinars'.

Important dates

- Children's mental health day 5th - 9th February
- Safer Internet day - 6th February
- International women's day - 8th March



- Young carers action day - 16th March
- LGBT History Month 2024 - 1st February



School Nurse Drop-in Sessions

Every Thursday - Week B
12.00 - 3.00pm

The nurse will be in the
Academy Counsellor's Room

- ▶ Healthy Eating
- ▶ Relationships
- ▶ Mental Health
- ▶ Emotional Wellbeing
- ▶ Sexual Health
- ▶ Gender Identity
- ▶ Growth and Weight
- ▶ Online Safety
- ▶ Self Harm
- ▶ Bullying
- ▶ Smoking
- ▶ Alcohol
- ▶ Drugs

This is by no means an exhaustive list and the service is confidential



PSHE Day - 1st May

- Year 7 - Talk the Talk
- Year 8 - Problem Solving
- Year 9 - Lets Pitch In
- Year 10 - Careers Day
- Year 11 - Revision



PSHE Lessons
Term 4
Online Safety
And
Respecting Others



The DFE give us a grant to provide free period products to all students.

Any student can have them. We have period pads, Tampax, reusable washable pads, period pants and can order moon cups.

Your child can collect products from their 'head of year' office or they can come to F01 and let me know what they would like.

Any questions or if you would like some products please let me know

Mrs Buttery

National Debtline - offers phone and webchat services.

Telephone: 0808 808 4000

Step Change - Debt Charity - offers phone and online services.

Telephone: 0800 138 1111

Citizens Advice - offers phone and webchat services.

Telephone: 0800 144 8848

PayPlan - offers phone and webchat services.

Telephone: 0800 280 2816



Have you heard about Breathing Space (Debt Respite Scheme)

Space is temporary protection from your creditors while you get debt advice and make a plan. This scheme is called 'Breathing Space'.

How to apply for the Breathing Space scheme

To apply for the 'Breathing Space' scheme, you need to talk to a debt adviser. They will submit an application on your behalf if it's the right thing to do.

You can find a free debt adviser on the website

www.moneyhelper.org.uk



VAPING

In response to the public consultation, the Government had announced that disposable vapes will be banned in the UK as part of ambitious government plan to tackle the rise in youth vaping and protect children's health.

Recent figures show the number of children using vapes in the past 3 years has tripled. Use among younger children is also raising, with 9% of 11 to 15 year olds now using vapes. The long-term health impacts of vaping are unknown and the nicotine contained within them can be highly addictive, with withdrawal sometimes causing anxiety, trouble concentrating and headaches.

We would like to ask our parents for their support in reinforcing our messages about the risks of vaping, that we are a smoke-free, vape-free site and in reminding students about the importance of ensuring our school is safe for everyone. We would also ask parents to reinforce the importance of ensuring that banned substances are not brought to school.

If you would like any further advice about vaping, please contact the Safeguarding Team.