



LANDAU FORTE ACADEMY AMINGTON LEARNING JOURNEY

PERSONAL, SOCIAL, HEALTH & ECONOMIC EDUCATION

Continue your lifelong love of learning and personal development

- Apprenticeship
- College
- University
- Workplace



Independence
Responsible health choices and safety in independent contexts

Next Steps
Application processes and skills for further education, employment, and career progression



Communication in Relationships
Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges, and abuse

POST 16 PATHWAY

TRANSITION YEAR

Families
Different families and parental responsibilities, pregnancy, marriage, and forced marriage and changing relationships

Building for the Future
Self efficacy, stress management, and future opportunities

YEAR 11

Mental Health
Mental health and ill health, stigma, safeguarding health including during periods of transition or change

Healthy Relationships
Relationships and sex expectations, myths, pleasure, and challenges including the impact of the media and pornography

Addressing Extremism and Radicalisation
Communities, belonging, and challenging extremism

PREPARATION YEAR

Financial Decision Making
The impact of financial decisions, debt, gambling, and the impact of advertising on financial choice

Exploring Influence
The influence and impact of drugs, gangs, role models, and the media

Work Experience
Preparation for and evaluation of work experience and readiness for work



YEAR 10

Employability Skills
Employability and online presence

Healthy Lifestyle
Diet, exercise, lifestyle balance, and healthy choices including first aid

Setting Goals
Learning strengths, career options, and goal setting as part of the GCSE options

Peer Influence, Substance Use, and Gangs
Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation

DEVELOPMENT YEAR

Intimate Relationships
Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography

Respectful Relationships
Families and parenting, healthy relationships, conflict resolution, and relationship changes

YEAR 9



Drugs and Alcohol
Alcohol and drug misuse and pressures relating to drug use

Discrimination
Discrimination in all its forms including racism, religious discrimination, disability discrimination, sexism, homophobia, biphobia, and transphobia

Identity and Relationships
Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception



EXPLORATION YEAR

Community and Careers
Equality of opportunity in careers and life choices and different types and patterns of work

Emotional Wellbeing
Mental health and emotional wellbeing, including body image and coping strategies

Digital Literacy
Online safety, digital literacy, media reliability, and gambling hooks



YEAR 8

Financial Decision Making
Saving, borrowing, budgeting, and making financial choices

Health and Puberty
Healthy routines, influences on health, puberty, unwanted contact, and FGM

Developing Skills and Aspirations
Careers teamwork and enterprise skills and raising aspiration.

Attend Year 6 transition days

YEAR 7

WELCOME

PRIMARY SCHOOL

Apply for a place at Landau Academy

FOUNDATION YEAR

Building Relationships
Selfworth, romance, friendships (including online), and relationship boundaries

Diversity
Diversity, prejudice and bullying

Transition and Safety
Transition to secondary school and personal safety in and outside school including first aid



PSHE